### This Month's Worship in **Churches Uniting in Central Sutton**

### Sunday 3 June

9.00am St N Holy Communion (BCP)

10.30am SBC Morning Worship

Andrew Loader

**Trinity** Morning Worship Communion

Revd Dr David Dickinson

St N Holy Communion

6.30pm **SBC CUCS United Service** 

### Sunday 10 June

9.00am St N Holy Communion (BCP) 10.30am SBC Morning Worship Communion

Revd Graham Woolgar

Trinity Morning Worship Revd Dr David Dickinson

Holy Communion

6.30pm **SBC CUCS United Service** 

### Sunday 17 June

St N

9.00am St N Holy Communion (BCP)

Morning Worship 10.30am SBC

Revd Paul Baker

**Trinity** Morning Worship

Revd Dr David Dickinson

Holy Communion St N

6.30pm **SBC CUCS United Service** 

### Sunday 24 June

St N 9.00am Holy Communion (BCP)

10.30am **SBC** Morning Worship Communion

Revd Graham Woolgar

**Trinity** Morning Worship

Judith Wakelin

St N Holy Communion

6.30pm **SBC CUCS United Service** 

#### for help or information please contact

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07711 879645

carole.adams@btinternet.com

Revd Dr David Dickinson (Trinity)

Office: 020 8643 6884 Home: 020 8643 0963

todaviddickinson@gmail.com

Revd Phil Brooks (Sutton Team Vicar - for St Nicholas)

020 8642 2757

vicar@suttonteamministry.org



**June 2018** 

Dear Reader,

Many of you will know that, for the last two years, a small group has been working towards establishing a network of bereavement support for Sutton. Readers of Unite! have shown great interest in this initiative. Some of you may remember the first fundraising event in October last year when Sutton High School choir, an award-winning a cappella group called Signature and our own Milcah and Rinnah put their musical talent to the cause.

The early stages of establishing this community resource involved the legwork of assessing need, and examining alternative models to find the best match for Sutton. We also discussed our plans with organisations, such as local Counselling and Jigsaw, and gained their support. After several months of negotiation the group decided to affiliate with the nation's best known bereavement care charity, Cruse. Although this is named after the biblical story of Elijah receiving assistance from a widow who gave her cruse of oil for his sustenance, Cruse is a non-religious organisation giving help on the basis of need alone. One of the advantages of being part of Cruse is that central office takes responsibility for all personnel management issues, volunteer training and some other aspects of the operation.

I can now report that, thanks to generous donations from some churches and Community Funding, we have sufficient funds for the first year of operation. GCC Facilities, a property management company near Sutton station, will be renting us office accommodation at a peppercorn rent (£1 p.a.). A services coordinator has been appointed and will start work soon. Volunteers are being recruited and plans are in place for training. There will be another fundraising event in Trinity on the evening of Sunday 1st July when Trinity Festival Choir will sing a selection of music for a summer evening. It feels as if we are almost ready to launch, and that reminds me that one of my remaining tasks is to plan a launch party (and find a generous sponsor for such an event).

'Cruse Bereavement Care Sutton' will begin by providing a befriending service of support (not counselling and not faith-based) to anyone in the Sutton Borough who needs help with grief. This will make a difference in Sutton, and I thank you for your interest and support.





### **Devotions**

Thanksgiving for Midsummer



We thank you, God, for the good earth, for the changing seasons and for the abundance of plants and creatures at this summer time. We are sorry for the times we have taken your creation for granted. We pray that we may be good custodians and stewards of all that you so freely give.

Creator God, hear our prayer.



We thank you, God, for the beauty of the skies, for birds that fly, for warmth and sunshine, for clouds and rain to make the crops grow and all your creatures flourish.

Creator God, hear our prayer.



We thank you, God, for the sea, sometimes so calm, sometimes so strong and wild, full of wonderful creatures.

We pray that we take from the sea only that which can be renewably sustained.

Creator God, hear our prayer.



We thank you, God, for all people, for the continuing cycle of birth and death.

We pray that we may bestow on each other that same love, care and gentleness that you so freely give us.

Creator God, hear our prayer.

## **Regular Events**

CUCS is Sutton Baptist Church, St Nicholas and Trinity URC/Methodist who are Churches Uniting in Central Sutton, and who regularly meet together for prayer, worship and shared activities. All members of CUCS are warmly welcomed at these activities

**Saturday Prayer Meeting** (Ist and 3rd Saturdays) 10.00am - 11.00am at Sutton Baptist Church.

**Sunday Prayer Meeting** after the morning service in the Terrace Room at Trinity.

Meditation Group meets on the last Saturday of the month 11.00am-12 midday at the home of Sylvia Robinson. For more details contact: Segun Akindele segun.akindele@yahoo.co.uk

020 8395 3243

Rosa Sawyer 020 8643 1374

Sylvia Robinson srobinson968@yahoo.com

020 8642 1391

**St Nicholas' Mothers' Union** All are welcome Contact: Emma Cann 020 8641 6530

Women in Touch (WIT) meets fortnightly on a Monday at 10.30am at different venues, to enjoy a variety of activities including coffee, films and outings. It is open to women of any age. For further details of the programme contact: Carole Adams 07711879645 or see: www.trinitychurchsutton.org.uk

**Trinity Toddler Group** meets on Tuesdays in term time in Trinity Hall, 9.00-11.00am. Contact: Sheila Booth 8715 0514

**Bunker**, the youth club for CUCS, meets in Trinity Hall on Sunday evenings in term time from 6.30-8.00pm for young people at senior school. A chance to get to know other young people in CUCS and have fun together. Contact Jane Oliver: 01883 346261.

**Badminton Club** meets 7.45-10.00pm every Monday in Trinity Hall.

**Sutton Churches Tennis Club** can be found between 99 and 101 Gander Green Lane, Sutton. All ages and abilities are welcome. See our website at www.clubtennis.co.uk

Art and Fellowship Group meets most weeks on Tuesday at 2.30pm in the Minor Hall at Trinity. Painting, drawing and other media with fellowship and mutual support.

#### Oasis

at Trinity Church is open Monday to Friday from 9.30 am to 2pm for refreshments, light lunches and a chance to chat.



# News from the Churches

### A New Meditation Group

For many years before her death last year Pamela Ford from St Nicholas led a meditation group which a number of people from CUCS valued. A new, small group has been meeting recently and they would like to invite more people to join them. Segun Akindele offers this introduction to meditation:

Lawrence Freeman, Director of World Community for Christian Meditation, in his book, Meditation & Interfaith Dialogue wrote:

Meditation is a Universal Spiritual Wisdom and a practice that we find at the core of all the great religious traditions, leading from mind to the heart. It is a way of simplicity, silence and stillness. It can be practised by anyone from wherever you are on your life's journey. It is only necessary to be clear about the practice and then to begin — and keep on beginning.

What do we do when we meditate?

We sit down, still and upright, relaxed but alert with our eyes slightly closed. Silently, gently, faithfully and above all — simply, we begin to say interiorly a single prayer phrase MARANATHA for a period between twenty and thirty minutes. We do not think or imagine anything spiritual or otherwise.

Silence means letting go of thoughts. Stillness means letting go of desire. Simplicity means letting go of self–analysis.



The Meditation Group meets on the last Saturday of the month 11.00am-12 midday at the home of Sylvia Robinson.

For more details contact:

Segun Akindele segun.akindele@yahoo.co.uk

020 8395 3243

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### **Bunker Quiz and Supper**



We have reported in the past that the Roman Catholic parishes which form the Sutton Deanery have sponsored a Syrian family to come to Sutton as part of the Government Community Sponsorship scheme in conjunction with the United Nations High Commission for Refugees. The family (parents and three small children) have now arrived and are getting used to their new life.

At the last meeting of the Ecumenical Church Council (with representatives from our three churches) it was suggested that CUCS might make a contribution by funding IT equipment and giving advice on technology. Ruth MacLaran and Robert Zsolt, university students at Trinity have been working with the RC sponsors. Ruth is a leader at our Bunker youth group, and they are organising a **Quiz Night** to raise money for a television, laptop and internet connection.

### Saturday 9 June at 7.00pm Trinity Hall

Tickets: £8 for adults and £5 for children under 12 which includes a two course supper of lasagne (including a vegetarian option), garlic bread and salad followed by cheesecake.

Tickets will be available on Sunday 27th May in each church or contact:

Jane Oliver: 07910 315237

Join a team on the night or come with a team of 4 to 8 and support the RC churches of Sutton as they sponsor the Syrian refugee family.

### **Early Morning Coffee at Oasis**

The Oasis at Trinity Church is now open each weekday from 9.30am-2.00pm so this could be the place to get your early morning tea or coffee (takeaway drinks are available). There are new items on the menu too, including crumpets and paninis and the usual excellent homemade cakes so pop in for lunch one day.

### **Sunday Afternoon Outing**



The next Sunday afternoon outing will be on 8 July and will be a longer country ramble. There will be more details in the next edition of *Unite!* but you might like to put the date in your diaries.



# One of our own by Liz Cann, St Nicholas the Installation of the Rt Revd Dame Sarah Mullally as Bishop of London 12 May 2018

What an excited group we were as we made our way towards the great London Cathedral of St Paul's, with its iconic Dome raising up in welcome. The cathedral was at near capacity, as a large precession of City of London Aldermen, regaled in their robes and chains, lead the choir, Bishops, Canons and Clergy. We all turned to the Great West Door which Bishop Sarah thumped three times to gain entry. She then joined the precession, dressed in gold robes and mitre, which were out shone by her infectious grin which beamed as ever.

Her sermon reminded us that just 1.6% of Londoners attended Anglican churches, which had to reconnect with the people. She brought to our minds the terrible knife crimes and the sight of a mother scrubbing her own son's blood off the pavement. She, as always, thanked her husband, Eamon, and children Grace and Liam.

Then the moment we had all been waiting for - the Dean presented Bishop Sarah to the people saying – "Brothers and sisters in Christ, I present to you Sarah, our Bishop, duly installed as Bishop of London" at which point all the congregation greeted the new Bishop with great and prolonged applause {and quite a few whooping cheers from Sutton} as the organ sounded a flourish. Bishop Sarah then went through the Great West Door and blessed the City and Diocese. Hundreds of tourists closed in as a steel band played excitedly, lifting the gloom of the pouring rain.

We then attended a reception in the Great Hall at Guildhall, with many of our friends, past and present from St Nicholas, including past clergy such as Mark Pullinger, Jane Cresswell and Leah Philbrook. We then met with Bishop Sarah, her humour and beaming smile reminded us of days past when she was 'our very own'. What struck us most on the day was the pure fellowship, love and happiness that greeted us all, which was summed up by the Lord Mayor of London who said what a joy it was getting to know her. We are so proud.





### **Trinity Festival Choir**

Listen to some wonderful music!

Vivaldi's "Gloria"
Parry's "I was Glad"
Handel's "Zadok the Priest"
Festive Organ Music

Musical Director: Stephen Haylett Organist: Ian Le Grice Soprano Soloists: Sarah Botting and Susan Waton

The retiring collection will be in support of *Cruse Bereavement Support Sutton*Fill the church with your family and friends and make this a memorable evening of music!

**From the Editor** I would be delighted to receive comments and suggestions on the future of *Unite!* Contact me by my new email: **olwenmedwards@gmail.com** or by phone: **020 8643 2525.** Copy date for the July/August issue is 18 June. Links to the electronic version of *Unite!* can be found on each church's website. **Note that there will not be an edition in August.**