

Dear sisters and brothers,

I wish you a holy and prayerful Lent.

This meditation will be available from 8am today:

### **Journey through the Wilderness - A Meditation for Lent**

'Journey through the Wilderness' is a meditation for Lent exploring the theme of wilderness.

Music is performed by the Lay Clerks of Southwark Cathedral and the readings are read in front of the Wilderness Panels in St Hugh's Church, Bermondsey.

The artist, Adam Boulter, explains the panels in a separate video which can be found here <https://youtu.be/0iSUfGVAax0>.

His pictures can be seen here:

<https://www.cantab.net/users/adamboulter/back-catalogue/2000/st-hughs.html>

The homily is given by Canon Andrew Zihni, Precentor.

Service: <https://youtu.be/CceE0gljIWQ>

With best wishes,

Frances

[The Revd Frances Arnold](#)

[Sutton, St Nicholas](#)

[stnicholas.suttonteam.org.uk](http://stnicholas.suttonteam.org.uk)

Rectory tel. [020 8642 3499](tel:02086423499)